



*"Home-Start Wandsworth has helped me and the kids through our toughest year and feeling like part of a big family is just what we needed."*

Contact us today to find out more about how Home-Start works with families, call: **07704 482632** or email us: **[enquiries@homestartwandsworth.org.uk](mailto:enquiries@homestartwandsworth.org.uk)**

One of our coordinators will talk to you about your situation and whether our support is right for you. If it is, we will match you with one of our trained volunteers.

**We help families from all backgrounds through their most challenging times**

To find out more about Home-Start, please talk to your health care professional or get in touch by email:  
**[enquiries@homestartwandsworth.org.uk](mailto:enquiries@homestartwandsworth.org.uk)**  
or call: **07704 482632**



**HOME  
START**  
Wandsworth

Charity no. 1124109  
2nd Floor, 20-22 York Road, Battersea, London, SW11 3QA



**Here for parents when they need us most**

We provide emotional and practical support to parents during pregnancy, birth and beyond. Our early intervention approach acknowledges that every parent should have the support they need to give their children a positive and nurturing start in life.

**HOME  
START**  
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## Do you need our help?

Being a parent has never been easy. It can be lonely, frustrating, heartbreaking and overwhelming.

Life-changing events can happen to anyone. All parents struggle at one time or another. That is why Home-Start is ready to support families through their toughest times.

Home-Start Wandsworth volunteers provide practical and emotional support to families with children under the age of five.

Home-Start Wandsworth works with families experiencing challenges including:

- **Poor mental or physical health**
- **Isolation**
- **Post natal depression**
- **Financial or housing worries**



We work with families to build on their strengths and give them the support they tell us they need.

We contact families regularly to offer emotional and practical support, enhance wellbeing, connect effectively with other services, and build up their ability to cope independently.

During Covid, our support is primarily offered by telephone/video calls and online groups. Outdoor visits may also be offered to families and our home visiting service will resume after restrictions ease.

We have three main services:

### Our services

- **One-to-one support**
- **Bump to baby (pregnancy and newborn)**
- **Group activities, talks and workshops**



## Parents supporting parents

Our volunteers are parents themselves and work alongside families to give compassionate and confidential support, tailored to each family.

Our volunteers are trained and given expert support from our experienced team.

**“My volunteer has been an amazing friend who has been a big part of our lives...She has been my sunshine on many dark days.”**



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